

# Strengthen Your Convictions: Virginity

The Bible says: "Abstain from sexual immorality." (1 Thessalonians 4:3) Strengthen your conviction that God's law is for your own good by imagining how things would play out.



Is God's law too strict?

Why does God forbid unmarried people to do something that can be enjoyable?

Now play out the following scenarios...

SCENE 1

**FEELINGS**

SCENE 2

**PRESSURE**

SCENE 3

**OPPORTUNITY**

SCENE 4

**CONSEQUENCES**

Most young people who engage in premarital sex regret it afterward. **Why do you think that is the case?**

---



---

Deep down, most girls prefer a boy who will *protect* them, not use them. And most boys find that they are less attracted to a girl who gives in to their advances. **Why do you think that is the case?**

---

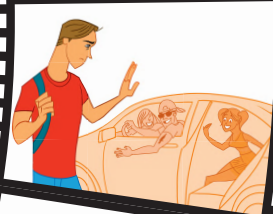


---

**SURRENDER**



**RESIST**



# SCRIPT IT OUT!

Answer the following questions.



SCENE 1

## FEELINGS

Why should sexual feelings not always be viewed as "the enemy"?—Read Proverbs 5:18, 19.

Are sexual urges the only strong feelings you experience? (Identify some other possibilities.)

Do you act on each impulse the instant that it wells up inside you?

YES

NO

Do you believe that your sexual feelings are truly under your control?

YES

NO

Since God, who created sexual urges, also says that you should cultivate self-control, what confidence must he have in you?—Read 1 Thessalonians 4:4.

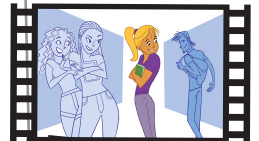
SCENE 2

## PRESSURE

Why do you think some ridicule those who are virgins?

Why might your peers pressure you to have sex?

How should you view those who pressure you to break God's law?—Read Proverbs 13:20.



SCENE 3

## OPPORTUNITY

What people, places, or situations might you do well to avoid so that you are not tempted to have sex before you are married?



SCENE 4

## CONSEQUENCES



Sexually permissive people are unlikely to change their habits just because they get married. How does that fact emphasize the need to abstain from sex while you are single?—Read Galatians 6:7, 8.

In your opinion, what are the benefits of remaining a virgin until marriage?

Do you really believe that obeying God's command to abstain from premarital sex will make you happier than conforming to your peers' "free" lifestyle? If so, why?

## MAKE A PLAN

### SCENE 1—FEELINGS

If I start to feel tempted to give in, I will do the following:

### SCENE 2—PRESSURE

When my peers make fun of me for being a virgin or pressure me to have sex, I'll say:

### SCENE 3—OPPORTUNITY

If I find myself in a situation where I could have sex, I'll do the following:

## YOU CAN SUCCEED!

If you strengthen your convictions now, you can make the right choice, even under pressure!